



CASE REPORT

**TRIO**<sup>®</sup>  
CLEAR

Dentist: **Tomas Mortier**

# INTRODUCTION

The patient consulted our practice for a second opinion. There was a need for an aesthetic and functional solution to the current situation. In particular, the patient wanted the very extreme crowding in the upper and lower jaw resolved.



**Dentist Tomas Mortier**

Graduated as a general dentist at the KUL in 1997, followed by An additional 3-year specialisation in prosthetic dentistry.

Over 5 years of experience with transparent aligners. And since 2021 fully engaged in the digital workflow.

# TREATMENT STARTING



# TREATMENT PLAN

PATIENT AGE  
36 YEARS

STRONG CROWDING IN  
BOTH DENTAL ARCHES

CROSSBITE

GOOD MOTIVATION  
FOR TREATMENT

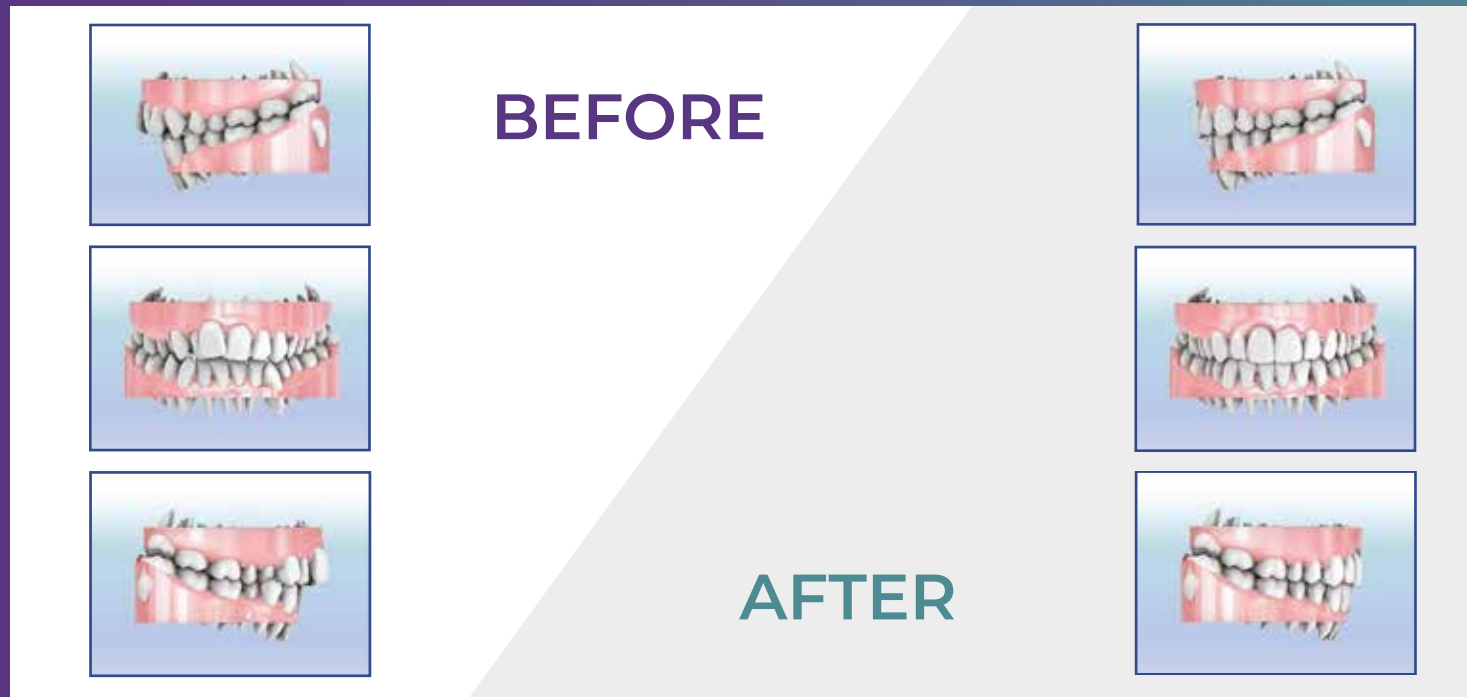


Tx. Time	Maxilla		18 Steps		
	Maxilla	Mandible	Cycle	Maxilla	Mandible
1	IPR	IPR/ATT	21		
2			22		
3			23		
4			24		
5			25		
6			26		
7			27		
8			28		
9		IPR	29		
10	IPR		30		
11			31		
12			32		
13			33		
14			34		
15	IPR		35		
16			36		
17			37		
18			38		
19			39		
20			40		

ATT: Attachments  
IPR: Interproximal Reduction  
Ext: Teeth Extraction  
—: Number of steps



# BEFORE AND AFTER



## CONCLUSION

- NO EXTRACTIONS WERE NECESSARY TO OBTAIN 2 ESTHETIC ARCHES.
- IT WAS DECIDED TO CREATE SPACE USING 3 IPR CYCLES IN THE UPPER JAW AND TWICE IN THE LOWER JAW.
- THE TOTAL TREATMENT LASTED 54 WEEKS. 18 STEPS IN THE UPPER JAW AND 14 STEPS IN THE LOWER JAW.
- PRIOR TO THE TREATMENT, 4 ATTACHMENTS WERE BONDED ON SOME MANDIBULAR TEETH



## BEFORE



## AFTER



## DENTIST AND PATIENT FEEDBACK

**Dentist Tomas Mortier:**  
 "Daisy's case started as a second opinion. The patient asked for our advice after a proposal from her orthodontist that proposed her to extract 4 premolars. This was not an option for the patient.

The planning and treatment was quite a challenge, which we succeeded in doing without any extraction. Even a refinement was not necessary during the rather complex treatment.

100 per cent successful!!!"

**Patient Daisy Beatens:**  
 "I am very satisfied with the whole treatment and especially with the result. It was very pleasant and especially very fast! It's a bit weird at the beginning but you get used to it quickly. I can recommend it to everyone especially for adults as the aligners are not visible."



# Southern Cross Dental

A Modern Dental Europe Company